

*Aloha,*

Mahalo for your interest in CranioSacral Unwinding Journey. As a way of preparing for the Intensive, we ask that you complete the enclosed registration forms and write a letter of intention. This will reserve your space in the retreat and clarify questions you may have about the process. Please return the form, deposit and letter to our offices. Also enclosed is information for making travel arrangements, packing and the wonderful accommodations you will experience. Feel free to contact our administrative office with any questions.

**Letter of Intent** – As a way of preparing for the Intensive, we ask that you write a letter of intention. This is an opportunity for us to deepen our relationship with you and to understand how we may better support you on your journey. This is an empowering process designed to give you a greater sense of yourself in regards to this work. Allow your unique expression to come forward as you go through this process. Below are some questions that we ask that you address in your letter:

- Share the experiences that have contributed to your wanting to study the healing arts
- Share your current intent about participating in the CranioSacral Unwinding program with us.
- Assess your strengths and weaknesses as a healing arts practitioner.
- Share why you have chosen to study at Polarity Healing Arts.
- Share what you feel is important in our relationship for the successful completion of your studies.
- Share what you feel is important in our relationship.

This letter needs to be completed and sent to our offices as soon as possible.

Please include your name, phone number, and email address on your letter of intent.

**CranioSacral Unwinding Intensive 2009**

**May 20-26 Cranial Sacral Unwinding 1, 2, & 3**

**August 12-18 Advanced Cranial Sacral Unwinding 4, 5 & Anatomy Listening Skills 1 & 2**

**REGISTRATION FORM**

Full Name \_\_\_\_\_

Address \_\_\_\_\_

City, State, Zip \_\_\_\_\_ Date of Birth \_\_\_\_\_

Home Telephone \_\_\_\_\_ Work Telephone \_\_\_\_\_

Fax Number \_\_\_\_\_ E-mail Address \_\_\_\_\_

Have you ever taken a cranial class? If so, please list each class title and

\_\_\_\_\_  
\_\_\_\_\_

Do you have any medical problems? If so, please list: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Are you on any medication? If so, please list: \_\_\_\_\_

Physician name and phone number:

\_\_\_\_\_

In case of emergency, please notify: \_\_\_\_\_

Address: \_\_\_\_\_ Phone \_\_\_\_\_



**Check one or both below**

Please register me for the CranioSacral Unwinding Intensive **WEEK 1 at the cost of \$920**

Please register me for the Advanced CranioSacral Unwinding Intensive **WEEK 2 at the cost of \$920** at Temescal Canyon Gateway Park in Pacific Palisades. I certify that I am in good health and understand I take this trip at my own risk and bear full responsibility for my decisions, experiences, and safety. I hereby release and forever indemnify Gary Strauss and or Tracy Griffiths, Polarity Healing Arts, Foundation For Life Energy, and any other involved parties from any and all responsibility regarding this event. I have the registration letter and I agree to abide by all rules and guidelines established by the facilitators. A written statement of my reasons and intentions for participating in the Polarity training will be forwarded two weeks before the program begins.

If you are traveling from out of town please note the following.

You will be responsible for your own meals and lodging. Temescal Canyon offers cabin style shared lodging and we are happy to assist you in making reservations.

Please send me more information regarding lodging at Temescal Canyon

A 15% non-refundable deposit is required to reserve your space

Full Payments Due by May 11, 2009 or August 1, 2009

I am enclosing \$ \_\_\_\_\_ as a deposit/final payment.

I understand any moneys paid by me are non-refundable, however should an emergency arise that prevents my attendance, any amount above the \$500 non-refundable deposit will be applicable towards future events or classes.

Credit Card Number \_\_\_\_\_ amount to charge \$ \_\_\_\_\_

Expiration date \_\_\_\_\_ 3-6 digit number on the back of the card \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please send this form along with your payment to:

Polarity Healing Arts

19600 CAVE WAY

TOPANGA, CA. 90290

(310) 455-7873

Fax: (310) 455-9832

E-mail: [lifeenergy@polarityhealingarts.com](mailto:lifeenergy@polarityhealingarts.com)

**Please keep a copy of this registration form for your records.**

### *Travel Arrangements:*

Please make your flight arrangements to arrive at **LAX Airport**. If you'd like to arrive early or stay later you must let PHA know so that we may coordinate your reservations per request.

Arrival	Departure
<b>Week 1 May 19</b>	<b>May 27</b>
<b>Week 2 August 11</b>	<b>August 19</b>

### **Car Rental:**

If you will be renting a car, please let us know if you would be interested in sharing a car and expenses with other participants.

### **Temescal Canyon**

"Temescal Canyon Conference and Retreat Center is nestled in a quiet canyon just east of the Pacific Palisades coastline and is bordered by the majestic Santa Monica Mountains. With its native plant landscape and a rich coastal wilderness you may witness the change of seasons in all of its colorful glory. Although the park is conveniently close to the city, its unparalleled natural beauty will make you feel as though you've entered another world."

### **Be Relaxed and Ready**

The training, while designed to be fun and stimulating, will be demanding. Please arrange to have your at-home affairs tied up a day or two in advance so that you can have some quiet time before your departure. Rest, get a massage, be in nature. If you arrive exhausted, you will be at a distinct disadvantage when the training begins.

### *Your Intention*

Which brings us to the final, and most important information. Please take the time now to tune into your intentions/reasons for coming and listen deeply to see, hear, and feel the rightness of your participation. This will empower our relationship and your relationship to this sacred movement we are in the midst of creating. While this is a training for both personal and professional development, the personal part will be a bit more intense due to the fact that we are on retreat and that the training is in an intensive style. We believe that you will need to be healthy and ready to embark on this journey. We will, in fact, be living this work. As you can tell from the syllabus, we are offering an ambitious program that will be a flexible guide for the realization of our intentions. Our vision is to deeply empower you in your work and your life.

This is great opportunity for a very profound experience. We look forward to our time together.

Mahalo,

Gary Strauss and Tracy Griffiths

**Polarity Healing Arts**

310-455-7873